

Kibble Education & Care Centre
Paisley, PA3 2LG

SOCIAL EDUCATION DEPARTMENT
Emotional Well-being Screening

SURNAME: McCOURT

FIRST NAME: JORDAN

DOB: 16/10/92

DOT: 13/09/05

AGE: 12 yrs

As part of the admission/assessment process, Jordan McCourt completed anxiety and depression screening scales.

The (MASC) provides an overall measure of anxiety together with scores on eight subscales (tense/restless, somatic/autonomic, perfectionism, anxious coping, humiliation/rejection, performance fears, separation/panic, and an anxiety disorder index) each tapping a specific aspect of anxiety. On the MASC Jordan's scores fell within average parameters for each of the categories of anxiety, with the exception of anxiety coping which was slightly above average.

The Birleson Depression Scale (BDI) assesses the degree of depressive feelings experienced by the young person in the course of the previous week. On the BDI Jordan obtained a score, which falls within the normal range for his age. As a result, the Social Education Team will not be required to carry out further assessment in relation to his emotional state at this time.



Claire McCartney
Social Education Manager

BIRLESON

QUESTIONNAIRE

Name: Jordan McCourt Age: _____ Sex (please circle): M / F Date of birth: 16/10/92

Directions: The statements below refer to how you have felt *over the past week*. There are no right answers but it is important to say how you have felt. Please answer as honestly as you can. Put a tick in the appropriate box. Thank you.

	Most	Sometimes	Never		Most	Sometimes	Never
1. I look forward to things as much as I used to	☐	☒	☐	10. I think life isn't worth living	☐	☒	☐
2. I sleep very well	☒	☐	☐	11. I am good at things I do	☒	☐	☐
3. I feel like crying	☐	☐	☒	12. I enjoy the things I do as much as I used to	☐	☒	☐
4. I like to go out to play	☒	☐	☐	13. I like talking with my family	☒	☐	☐
5. I feel like running away	☐	☐	☒	14. I have horrible dreams	☐	☐	☒
6. I get tummy aches	☐	☐	☒	15. I feel very lonely	☐	☐	☒
7. I have lots of energy	☒	☐	☐	16. I am easily cheered up	☒	☐	☐
8. I enjoy my food	☐	☒	☐	17. I feel so sad I can hardly stand it	☐	☐	☒
9. I can stick up for myself	☒	☐	☐	18. I feel very bored	☐	☒	☐

Upset -

MASC

by John March, M.D., M.P.H.

	never true about me	rarely true about me	sometimes true about me	often true about me
16. I'm afraid other people will think I'm stupid	0	1	2	3
17. I keep the light on at night	0	1	2	3
18. I have pains in my chest	0	1	2	3
19. I avoid going to places without my family	0	1	2	3
20. I feel strange, weird, or unreal	0	1	2	3
21. I try to do things other people will like	0	1	2	3
22. I worry about what other people think of me	0	1	2	3
23. I avoid watching scary movies and TV shows	0	1	2	3
24. My heart races or skips beats	0	1	2	3
25. I stay away from things that upset me	0	1	2	3
26. I sleep next to someone from my family	0	1	2	3
27. I feel restless and on edge	0	1	2	3
28. I try to do everything exactly right	0	1	2	3
29. I worry about doing something stupid or embarrassing	0	1	2	3
30. I get scared riding in the car or on the bus	0	1	2	3
31. I feel sick to my stomach	0	1	2	3
32. If I get upset or scared, I let someone know right away	0	1	2	3
33. I get nervous if I have to perform in public	0	1	2	3
34. Bad weather, the dark, heights, animals, or bugs scare me	0	1	2	3
35. My hands shake	0	1	2	3
36. I check to make sure things are safe	0	1	2	3
37. I have trouble asking other kids to play with me	0	1	2	3
38. My hands feel sweaty or cold	0	1	2	3
39. I feel shy	0	1	2	3

Thank you for completing the questionnaire.

MASC

by John March, M.D., M.P.H.

Name: Jordan McCourt Age: 13 Gender: Male Female
(Circle one)

Date: 13/9/05 School Grade: _____
Month Day Year

This questionnaire asks you how you have been thinking, feeling, or acting recently. For each item, please circle the number that shows how often the statement is true for you. If a sentence is true about you a lot of the time, circle 3. If it is true about you some of the time, circle 2. If it is true about you once in a while, circle 1. If a sentence is not ever true about you, circle 0. Remember, there are no right or wrong answers, just answer how you have been feeling recently.

Here are two examples to show you how to complete the questionnaire. In Example A, if you were hardly ever scared of dogs, you would circle 1, meaning that the statement is rarely true about you. In Example B, if thunderstorms sometimes upset you, you would circle 2, meaning that the statement is sometimes true about you.

	Never true about me	Rarely true about me	Sometimes true about me	Often true about me
Example A I'm scared of dogs	0	<u>1</u>	2	3
Example B Thunderstorms upset me	0	1	<u>2</u>	3

Now try these items yourself. Don't forget to do the items on the back of the questionnaire as well.

- | | | | | |
|--|----------|---|----------|---|
| 1. I feel tense or uptight | <u>0</u> | 1 | 2 | 3 |
| 2. I usually ask permission | 0 | 1 | <u>2</u> | 3 |
| 3. I worry about other people laughing at me | <u>0</u> | 1 | 2 | 3 |
| 4. I get scared when my parents go away | <u>0</u> | 1 | 2 | 3 |
| 5. I keep my eyes open for danger | 0 | 1 | <u>2</u> | 3 |
| 6. I have trouble getting my breath | <u>0</u> | 1 | 2 | 3 |
| 7. The idea of going away to camp scares me | <u>0</u> | 1 | 2 | 3 |
| 8. I get shaky or jittery | <u>0</u> | 1 | 2 | 3 |
| 9. I try to stay near my mom or dad | <u>0</u> | 1 | 2 | 3 |
| 10. I'm afraid that other kids will make fun of me | <u>0</u> | 1 | 2 | 3 |
| 11. I try hard to obey my parents and teachers | 0 | 1 | <u>2</u> | 3 |
| 12. I get dizzy or faint feelings | <u>0</u> | 1 | 2 | 3 |
| 13. I check things out first | 0 | 1 | <u>2</u> | 3 |
| 14. I worry about getting called on in class | <u>0</u> | 1 | 2 | 3 |
| 15. I'm jumpy | <u>0</u> | 1 | 2 | 3 |

Please flip the questionnaire over; the items are continued on the back page...